



The Palisades Restaurant
Spring/Summer Menu



(indicates a Palisades Favorite & Original)



Our food is made fresh daily and is cooked to order. It may take longer, but we know it will be worth it and we can guarantee that you receive the quality of the food you deserve.

Appetizers

Artichoke and Red Pepper Dip	5.95
<i>Warm artichokes and garden-fresh red peppers baked with a blend of parmesan and mozzarella and served with vegetables and crostinis</i>	
Asparagus Wraps - fresh asparagus and a blend of cheeses wrapped in puff pastry	8.95
Bacon Wrapped Jumbo Shrimp	10.95
<i>Marinated in a pineapple orange teriyaki sauce</i>	
Duck Wontons - Roast duck in a sesame soy BBQ on a crispy wonton topped with sesame slaw	8.95
 Pear and Brie Quesadilla	5.95
<i>A savory combination of sliced seasonal pears and warm Brie cheese grilled in a flour tortilla and served with homemade tomato jam</i>	
 Spicy Shrimp	7.95
<i>Sauteed shrimp marinated in a honey chili glaze served on a bed of fresh cilantro</i>	



Soups/Salads

(balsamic vinaigrette, blue cheese, honey mustard, italian, champagne vinaigrette, raspberry vinaigrette, guava vinaigrette & ranch)

House Salad - mixed greens with shaved carrots, roma tomatoes, red onions & radishes	3.25
Caesar Salad - romaine lettuce mixed with Caesar dressing with parmesan	3.75
Pear & Goat Cheese Salad with a guava vinaigrette- Mixed greens, pears, goat cheese & caramelized walnuts	4.95
Watermelon Salad - ginger marinated watermelon with Virginia ham	4.95
Beet & Valdeon Bleu Cheese Salad - beets, bleu cheese, diced bacon, red onions & champagne vinaigrette	5.95
 Black & Blue Salad - Topped with tenderloin, this salad has mixed greens, red onions, dates & blue cheese. You can substitute spicy shrimp or chicken. Your choice of dressing	12.95
 Stacked Cobb Salad - A tasty combination of chicken, avocado, bacon & romaine topped with blue cheese crumbles & balsamic vinaigrette	8.95
Soup of the day	3.95

Entrees

(served with the vegetable of the day & your choice of Sweet Potatoes, Garlic Mashed Potatoes, Grits of the Day or Cole Slaw)

 Baked French-cut PORK CHOP stuffed with apples and rosemary	16.95
 Local RAINBOW TROUT , lightly breaded & seasoned	16.95
Giles County dry aged RIBEYE STEAK grilled and served with chipotle butter	17.95
PULLED PORK (local) smoked and served in a Strawberry/Peach BBQ sauce	13.95
CHICKEN OF THE DAY	15.95
LUMP CRAB CAKES - a blend of crabmeat, lemon, dijon mustard served with a caper tarter sauce	21.95
SALMON , brown sugar cured and smoked, served with a poblano aioli	18.95
Garden Fresh VEGETABLE ENTRÉE OF THE DAY	Market price
Baked PEPPERS stuffed with couscous, dates, pecans, cheese in a chimmichurri sauce	11.95
FRESH CATCH OF THE DAY	Market Price

Pizza

(your choice of doughs - regular, honey wheat or gluten-free - add \$2.50 for gluten-free)

 The Papason Pure Pepperoni and my dad's favorite	12.95
 The Palisades Grilled tenderloin with a mix of gorgonzola and mozzarella cheeses	14.50
 White Pizza Mozzarella & parmesan cheeses with mushrooms & truffle oil. This pizza has no tomato sauce	13.50
 Supreme A combination of sausage, ham, pepperoni, green peppers, onions, mushrooms & black olives	14.75
 Veggie Plus Artichoke hearts, mozzarella, tomatoes, red peppers, onions & mushrooms	14.50
 BBQ Chicken Chicken, mozzarella & gouda cheese topped with bbq sauce	13.50
Feta Cheese & Spinach Feta cheese with a little parmesan, spinach, garlic & sautéed onions with a garlic butter base	13.25
Marguerita Fresh Basil, fresh mozzarella & tomato sauce	12.95
Pear Pears, havarti & parmesan cheese with pecans and Rosemary (no sauce)	13.95
Argentinian Steak Pizza Chimichurri sauce as the base then topped with mozzarella, steak, tomatoes & onions	14.75
Three Cheese Asparagus Pizza Smoked gouda, cheddar & parmesan with asparagus, red peppers & onions	14.75
Spicy Shrimp Mozzarella, goat cheese and a blend of spicy peppers	15.95
Cheese Pizza add meats & cheeses for \$2.00 each & veggies for \$1.00 each	9.95

Children's Menu

\$3.95

Choice of:

Peanut Butter & Jelly Sandwich * Cheese or Pepperoni Pizza * Macaroni & Cheese * oven baked chicken tenders

Beverages

Coffee (Regular & Decaf) Organic Guatemalan coffee beans roasted locally to ensure the freshest taste	1.50
Iced Tea (Sweet or Unsweetened)	1.50
Hot tea - Loose leaf teas available see your hospitality specialist for list	1.50
Soft Drinks Coca-Cola, Diet Coke, Mr. Pibb, Mello Yello, Sprite	1.50
All Natural Soft Drinks Ginger Beer from Bermuda & Boylan's Black Cherry, Crème Soda & Root Beer	1.75
Mineral Water	3.50

Thank you for joining us at The Palisades Restaurant
We accept Cash, Discover, Visa & Mastercard.